



# The St. Jude Journal

Knights of Columbus Council 5801  
Gahanna, OH

**February 2007**

*"So that in all things God may be glorified."*—Rule of St. Benedict

## Dates to Remember:

- February 8, 2008  
Fish Fry  
*Contact Allen Perk or Andy Rose to volunteer*
- February 10, 2008  
Pancake Breakfast  
*Contact Tom LeFever to volunteer*
- February 13, 2008  
Business Meeting 8 p.m.  
K of C Room
- February 15, 2008  
Fish Fry  
*Contact Allen Perk or Andy Rose to volunteer*
- February 26, 2008  
Volunteer at Mid Ohio Food Bank  
*Contact James Anzelmo to volunteer*
- February 27, 2008  
**SOCIAL MEETING CANCELLED**
- February 29, 2008  
Fish Fry  
*Contact Allen Perk or Andy Rose to volunteer*

## Grand Knight

We will have nominations for officers in March and elections in April.

With such a procedure, the new officers, including the Grand Knight, will have some transition time to the new fraternal year. Please consider serving your council and your Church as an officer.

*Fraternally,*  
**James Anzelmo**

## Free Throw Contest

Fifty-two athletes competed for Council Champions at January's Free Throw Contest held in the PAC at St. Matthew. Winners will go on to the Regional Championship at St. Pius on February 10, 2008.

Special Thanks goes to Co-Chairs Allen Perk & Brice Recker along with Ern Stovall, John Shanks, Allen Meyer, Tom Mignery, Anthony Perk, and John King.



## Fish Fry

This Lenten season will see the Knights sponsor four fish fry's to be held in the St. Matthew Hutta Gym starting at 5:15 and ending at 7:30 for Friday February 8, 15, 29, and March 14.

100% of proceeds go to Knights of Columbus Charities primarily Catholic High School Scholarships. Last year, we raised over \$2,000 in proceeds.

Volunteers are needed especially for clean up. (I wonder why?!?) Call or email Andy Rose at 614.554.4222 or arose@wowway.com. The Knights will also get help from the youth at St Francis DeSales, Bishop Hartley, St Charles, and St Matthew.

This is not an all you can eat event, however the same high quality Cod Fish that has become the trademark of our Council will still be featured.

The price of the dinner has not changed very much in four years. \$8.50 for adults, \$7.25 for seniors, \$5.00 for students with ID, \$4.50 for children in the 8th grade and younger, (and special pricing for families.) For example, Mom and Dad with 2 of their children, \$24.00, Mom and Dad with 3 of their children, \$27.00, Mom and Dad with 4 of their children, \$29.50

Take out is available!! Check out the web site for further details.



*Proud Parents Dale & Sandy Takach with their son Nick at a recent family party celebrating Nick's decision to enter the US Marine Corp. Nick will be training at Parris Island, SC for the foreseeable future and will then be stationed at various bases throughout the USA.*

*Both Dale and Nick are outstanding members of our council and one of only four teams of "Father / Son" in our council.*

## Men's Conference

The 11th Annual Catholic Men's Conference: Answer The Call To Holiness conference will occur on Saturday, March 8, 2008 at St. Andrew Parish in Upper Arlington, Ohio, from 8:00 AM to 1:00 PM.

Once a year, you have the opportunity to join together with your fellow brothers in Christ in the beginning of Lent from the 23 counties the Columbus Diocese covers and deepen your Catholic faith. Last year over 900 men attended the conference and left with a deeper inspiration to live their Catholic faith more fully through our families.

In five hours time, you will hear from two keynote speakers, hear a personal witness story, eat a continental breakfast, view books, adequately prepare for confession, choose from a majority of Columbus Diocese priests to hear your confession, pray in front of the Blessed Sacrament, and participate in holy mass presided by Bishop Campbell.

This conference is a necessity, because it will impact your soul, which is you, your personality, and who you are as a person.

*Brothers, the above text is from the website <http://www.columbuscatholicmen.com/> . Eight years ago, my brother invited me to a catholic men's conference in Cincinnati. To wake up at 6:00am on a Saturday and go to confession and mass - NO WAY THAT'S NOT FOR ME! I have too many other things to do. I have to admit to you that I was very apprehensive to go due to the similar agenda listed above. I was very concerned because I am not a "Kumbaya" or charismatic Christian. My Brothers, that apprehension was wasted energy!!! What I found was an opportunity to go at my own pace. If you want to participate in charismatic singing or liturgy go for it. If you do not, that's OK. All I can tell you is that I found myself singing along and enjoying myself. I have been fortunate to attend the last eight conferences. If I miss one, I will be remissed and for a heathen like me, as my son says, "that's large!!". Frankly, I found the personal testimony to resonate and cause me to think about my role as a catholic man and father and to recognize the role and most importantly - relish the role!*

*So if you are a bit apprehensive, I understand and I have been there. Each year, my wife hears me say the week before the conference, I don't have the time and I don't feel like going. All she does is smile and say Tom, you say this every year and you always feel better after you go - so GO.*

*Come join us. We will leave St. Matthews parking lot at 7:15. Please email me, Tom Mignery, at [tmignery@burnip.com](mailto:tmignery@burnip.com) to confirm your spot. Hope to see you there!*

## From Our Chaplain:

*My Dear Brother Knights and Ladies,*

Have you noticed that there never seems to be enough time in the day, or the week, or maybe even in the year, to do the things that always seem to need to be done? This is often the cause of a significant amount of stress for ourselves, as well disappointment and sometimes resentment and the hurt feelings of those we love, and who love us. All of us have a critical need to prioritize. Never an easy job when there seem to be so many pressing matters that demand our attention.

I came across the following story in a book by Ken Rolheiser that I thought would be of value to us all, and I would like to share it with you through this month's column.

A philosophy professor stood before his class and began his experiment. First he took a mayonnaise jar and proceeded to fill it with rocks that were about two inches in diameter. Then, he asked the students if the jar was full. They agreed that it was, so he picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles, of course rolled into the open areas between the rocks. The students laughed but still couldn't see where he was going. The professor then picked up a box of sand and poured it into the jar. Of course the sand filled everything else.

"Now," said the professor, "I want you to recognize that this is your life! The rocks are the important things : your faith, your family, your spouse, your children, your health, - anything that is so important that if it were lost, you would be nearly destroyed. The pebbles are the other things that matter, like your job, your house, your car, etc. The sand is everything else. 'the small stuff.' "

The professor looked at the students and made this application: "If you put the sand into the jar first, there is no room for the pebbles OR the rocks. The same goes for your life. If you spend all your time and energy on the small stuff, you will never have room for the things that are really important to you. Pay attention to the things that are critical to your happiness, and to the happiness of those around you. Play with your children. Take your spouse out to dinner. Take time to pray. Take time to have medical checkups. There will always be time to go to work, clean the house, give a dinner party and fix the disposable. TAKE CARE OF THE ROCKS FIRST! THE THINGS THAT REALLY MATTER! Set your priorities. The rest is just sand."

May God continue to bless you and those you love as we enter into this 40 day retreat we call Lent, which begins on February 6th.

*Yours In Christ,*

**Deacon Harry L. Turner**

## FEBRUARY: St. Jude Council Activities



					1	2
3	4	5	6	7	8 Fish Fry	9
10 Pancake Breakfast	11	12	13 Business Meeting	14	15 Fish Fry	16
17	18	19	20	21	22	23
24	25	26 Mid OH Food Bank	27 Social Meeting CANCELLED	28	29 Fish Fry	

### The Good Of The Order:

*Please pray for:*

- Chadwick family
- Mamie Murphy
- Doug Price
- Anna Black
- Nick Shonk
- John Hage
- Debbi Gerald
- Jane Henderson
- Jody Maloney
- Nick Takach and his family
- For those serving our country in the military
- For and end to abortion, and for victims of abortion

### Stations of the Cross

Need 4 volunteers each date to serve Stations of the Cross for Thursday's March 6th & 13th, arriving around 6:30 for the 7:00-8:00 stations. They can contact me if interested at 855-6817 or email [Thomas.LeFever@dla.mil](mailto:Thomas.LeFever@dla.mil)

### February Knight of the Month

We congratulate Nickolas Takach as February 2008 Knight of the Month. Nickolas is the son of Knight Dale Takach. Nickolas is serving our country in the military. We pray for Nickolas and we extend our gratitude to him for his service.

### Help the Hungry

Given that Lent is in February, in lieu of a social meeting for February, I am providing an opportunity for Knights to volunteer at the Mid-Ohio Food Bank. We are scheduled to help at the Food Bank on Tuesday, February 26 from 5:30 p.m. to 8 p.m. We will meet in the Food Bank parking lot at 5:20 p.m.

The Food Bank is located at 1625 West Mound Street (near Cooper Stadium). If you are able to volunteer, you need to let me know ASAP via phone at 476-9304 or via e-mail at [janzelmo@columbus.rr.com](mailto:janzelmo@columbus.rr.com). You may bring your wife, friend, girlfriend-but nobody under 18. For more information about the Food Bank, please see their website at [www.midohiofoodbank.org](http://www.midohiofoodbank.org).

## Chuckle with Eckl

A man goes to his doctor and says, "I don't think my wife's hearing is as good as it used to be. What should I do?"

The doctor replies, "Try this test to find out for sure. When your wife is in the kitchen doing dishes, stand 15 feet behind her and ask her a question, if she doesn't respond keep moving closer and asking the question until she hears you."

The man goes home and sees his wife preparing dinner. He stands 15 feet behind her and says, "What's for dinner, honey?" He gets no response, so he moves to 10 feet behind her and asks again. Still no response, so he moves to five feet--still no answer. Finally he stands directly behind her and says, "Honey, what's for dinner?"

She replies, "For the fourth time, I SAID CHICKEN!"

---

## Forwarded by Joseph Golian

There was a blind girl who hated herself because she was blind. She hated everyone, except her loving boyfriend. He was always there for her. She told her boyfriend, "If I could only see the world, I will marry you."

One day, someone donated a pair of eyes to her. When the bandages came off, she was able to see everything, including her boyfriend. He asked her, 'Now that you can see the world, will you marry me?'

The girl looked at her boyfriend and saw that he was blind. The sight of his closed eyelids shocked her. She hadn't expected that. The thought of looking at them the rest of her life led her to refuse to marry him. Her boyfriend left her in tears and days later wrote a note to her saying: 'Take good care of your eyes, my dear, for before they were yours, they were mine.'

This is how the human brain often works when our status changes. Only a very few remember what life was like before, and who was always by their side in the most painful situations.

---

## Welcome!

Please welcome our new brother knight, Robert McNair. Brother McNair made his First Degree on January 23, 2008.

## Prayer for Maria

You are all probably aware of the current news story regarding the murder of a pregnant Marine, Maria Lauterbach and her baby. Maria was a member of my Parish at St. Christopher's in Vandalia, OH. I coached her in track when she was in elementary school at St. Christopher's. Her father, Vic Lauterbach, is a brother Knight in St. Christopher's Council 12912. Please pray for Maria's soul that she is in our Lord's embrace with her baby and include her father and mother, Vic and Mary Lauterbach and Maria's brother and three sisters in your prayers. Also, please pass this prayer request to the Councils that each of you serve for the "Good of the Order".

*Thank you,  
Dave Norckauer*

---

## FINANCES: Recession Looming?

I thought that with the current state of the markets, the attached article would be extremely beneficial to the members. It's longer than we would normally use, but the information could not be more timely.

*Allen Meyer, AAMS*

*Edward Jones/Financial Advisor*

*136 Granville St. Gahanna, Ohio 43230*

---

## Pancake Breakfast

Tom LeFever is heading up the pancake breakfast fundraisers again this year. Thanks, Tom! Tom needs volunteers for the pancake breakfasts.

Our next fundraiser pancake breakfast is Sunday, February 10. Tom needs help for set up at 7 a.m. and also needs help between 7 a.m. to 12:30 p.m. for cooking and serving. He also needs a lot of help for the clean up after the 11:00 a.m. rush. Hope you can help!

---

## Prizes

At our January business meeting, Gary Frazee's name was drawn for our 50/50 prize. Had Gary been at the meeting, he would have taken home some cash! Oh, well. We'll keep the money in the "pot" for our next drawing at our next February 2008 business meeting.

U.S. STRATEGY REPORT

# Remarkable, Resilient, Relentless – the 3 R's of the Self-correcting U.S. Economy

Large moves in the stock market can be unnerving to even experienced investors. So remember, while the mood on Wall Street can change quickly, most investors should make changes to their portfolios slowly. And as long-term investors, it's also important to remember ups and downs are a normal part of the investing cycle. In this case, history is repeating itself – again.

*"We are living in a new world – the world of a global capitalist economy that is vastly more flexible, resilient, open, self-correcting and fast-changing than it was even a quarter century earlier."*  
– Alan Greenspan, *The Age of Turbulence*

The mistakes that are made in nearly every lending cycle have been made again. But if you own quality investments, are well-diversified and are focused on your long-term goals, you shouldn't be overly concerned. In the short term, there could be more bumps in the road, but the best advice we can offer is to stay the course.

## **Recession on the Horizon?**

Everyone wants to know if we're headed for a recession. Sure, it's possible. But it's also possible we'll avoid a recession. Either way, in most cases, our advice isn't going to change. Here's what you should know about recessions:

1. Recessions tend to be short (10 months on average).
2. They begin and end without warning.
3. You shouldn't own investments today you wouldn't want to own in a recession tomorrow.

Whether or not we enter a recession, we believe the riskiest investments include emerging markets, junk bonds and aggressive stocks. It's important to carefully manage your exposure to these investments.

It can be hard not to get caught up in today's events, but it's important to maintain a long-term perspective about the markets and our economy.

## **Why Capitalism Works**

We believe the U.S. economy is remarkable, resilient and relentless due to its very foundation: capitalism. Most successful investors are realistic,

long-term optimists. They have faith in the long-term outlook for the U.S. economy. How can we be so confident? Because capitalism works. It can lead to excesses in the short run. But in the long run, our economy is self-correcting and self-healing.

A key characteristic of capitalism is the boom-bust cycle. When times are good, some people become complacent toward risk. They get carried away. They get greedy. This leads to unhealthy excess. One of the great features of our capitalist system is that when excesses are exposed, in time, the markets wash them away. Sometimes the process is painful. Sometimes it takes longer than expected. But it's the way our economy regains its health.

That's why we're long-term optimists. We believe the markets are already in the process of correcting the excesses of the real estate boom, and when that's over, the economy and markets should have an opportunity to grow.

The checks and balances in our economy tend to work in remarkable ways:

- High oil prices ultimately should lead to conservation, new supplies and lower demand.
- Lower global growth rates often lead to lower demand for all commodities, bringing their prices back down.
- Lower economic growth rates – here and overseas – usually lead to lower expected inflation and interest rates, setting the stage for recovery.

- Quality financial and retail stocks typically lead the market rally as investors begin to anticipate economic recovery.
- The weak dollar reverses course as foreign buyers demand more dollars to buy U.S. goods, now selling at attractive prices on world markets.
- Overvalued assets like emerging markets (especially China), small-cap stocks and junk bonds fall in price as investors move toward quality and reassess risks, while quality blue chip investments, many of which have stayed at the same level for seven years, begin to outperform. The prices of small cap stocks are generally more volatile than large company stocks. There are special risks inherent in international investing, including currency, political, social and economic risks.

### Seven Principles for Market Uncertainty

As stock market events unfold, here are seven principles that we believe should guide your investment decision making:

1. **Focus on what you can control.** You can't control the problems in real estate, oil prices or the U.S. economy. You can control the quality of the investments you own, the diversification of your portfolio and how long you hold your investments.
2. **Avoid extremes in your thinking.** The challenges may seem big. But if history is a guide, our remarkable U.S. economy is resilient and self-correcting.
3. **Don't chase winners.** Avoid the temptation to buy investments that have performed very well for an extended period and sell those that have performed poorly. Instead, rebalance your portfolio to your target weights.

4. **Base your portfolio on growth-and-income investments.** However, you should be well-diversified. Quality bonds can help cushion the blow from a stock market decline.
5. **Don't speculate.** Some investors are buying troubled companies hoping to strike it rich. We believe investing is a serious business, and you should take great care to make decisions you can live with for a long time.
6. **Asset allocation and quality are important.** Again, own investments that you wouldn't mind owning if the market decline becomes more serious or the economy slips into recession. Blue chip equity investments and investment-grade bonds have a tendency to bounce back more than speculative investments when market declines end.
7. **Look for opportunities.** Market declines can present long-term investors with an opportunity to buy good investments at a lower price.

Investors who consistently apply sound investment principles in spite of the many short-term distractions, in our view, will not only survive the current setback, but in the long run may come out ahead.

Talk to your financial advisor today about a complimentary portfolio review to help ensure your investment portfolio is prepared to weather the current uncertainty in the markets.

Diversification does not guarantee a profit or protect against loss. Past performance is not an indication of future results.